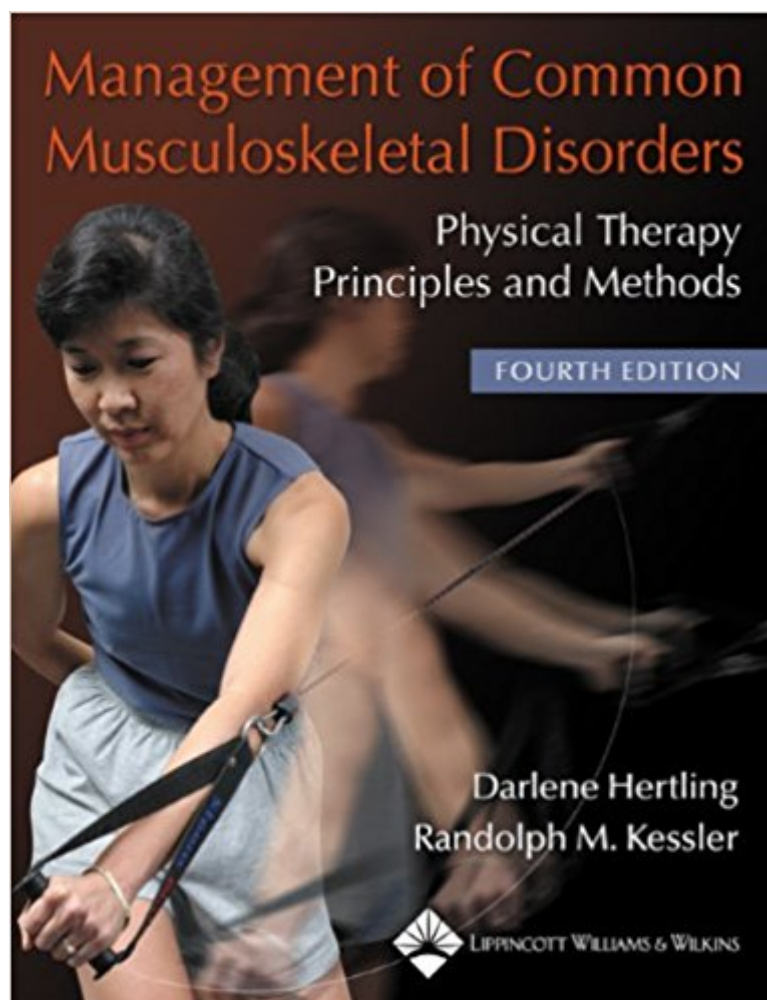




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Management Of Common Musculoskeletal Disorders: Physical Therapy Principles And Methods (Management Of Common Musculoskeletal Disorders (Hertling))





Synopsis

The fundamental textbook of orthopedic physical therapy is now in its thoroughly updated Fourth Edition. This new edition presents a "how-to" approach focusing on the foundations of manual therapy. More than 1,200 illustrations and photographs demonstrate therapeutic techniques. Extensive references cite key articles, emphasizing the latest research. Reflecting current practice standards, this edition places greater emphasis on joint stabilization techniques and the role of exercise. Coverage includes new material on soft tissue manipulations and myofascial evaluation. This edition also features case studies covering real-life practice scenarios.

Book Information

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Customer Reviews

Excellent Book For Anyonel bought this book because I suffer with TMJ disorder and have not been able to find a doctor who can help me. I had to resort to the DIY solution and this book is EXCELLENT.Detailed diagrams of the human anatomy and detailed descriptions of how each aspect of the system works. Specific exercises, with diagrams and photos, are included for specific disorders. Highly recommended.

This book is helpful and very concise. Works very well for plan of care and defining conditions. Perfect for group discussions.

This book is an excellent resource for the physical therapist. It has tons of clinical examples, charts, and tables with text in an easy to read format. Knowledge gained from this book will help the orthopedic clinician improve his/her skills. Application is immediate.

Great

Great book! Must have!

Excellent book!! Easy to read and quality info!

Had to get this book for PT school. It's a great book and recommend it for anyone needing to understand musculoskeletal disorders.

Lack of actual physical modalities was a disappointment. Great basic physiology, just not enough information for the different types of injuries.

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